



Flying Fox
Mobile Pre-School

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f Flying Fox Mobile Preschool

The importance of reading to your child

The benefits of reading together go far beyond learning to read. Reading to young children is an important way to help them build language skills. It exposes them to new words and ways of using language. It also helps them learn general information about the world, which makes it easier for them to learn about new subjects.

Books also help children build empathy and learn how to handle challenging feelings. Parents can use reading time as a chance to talk about emotions and how to cope with them. For example, you might say: "Have you ever felt as angry as the girl in this book? What would you do if you did?"

Even a few minutes of reading together gives you and your child a chance to slow down and connect with each other. And the sensory experience of sitting with you and hearing your voice also engages their brain in a way that makes learning easier.

There's no one right way to read to your child. You can read to them in any language, or multiple languages. You can do it at the same time every day or change up the routine. Your child doesn't even need to be sitting with you — just sitting nearby with a book while they play can be a way to connect.

The important thing is for your child to hear words and language and to have books be part of their daily life. Any steps you're able to take can make a big difference. You as parents or carers can have a positive impact on your child's development when you read just one book a day to your child, they will read 1825 books by their fifth birthday.

Quality preschool education provides children with the pre-literacy they need to thrive in school and beyond.

Each day your child attends preschool they have the opportunity to listen to a story and participate in follow up discussion or activities relating to the story.

A recent study highlights this as a key contributor to children's language skills. Children who are read to every day acquire a wider vocabulary, up to a million words more than other children by the time they are five. Research also shows that reading to children encourages a child's cognitive development, improves language skills and academic performance, and aids in emotional attachment

Educators and the Board of Directors understand the importance of books and reading. In response to our services value of books, Flying Fox Mobile Preschool has set up a

'Swap and Share, Book Exchange' and 'Street Library'

where favourite books can be brought in and placed on

1. We currently have the swap and share box at our Lansdowne venue but will be looking at making it more accessible at other venues in the future.

Each family who bring a book can take a book from the shelf that another family has brought in to swap. Everyone can be part of the 'swap and share' book exchange and gain access to story books.

This will promote reading books to children. The new stand is now in the preschool entry filled with books for you to swap a book from home with. We hope you enjoy the 'Swap and Share' books



Developing Independence, Confidence and Resilience.

What can you do as a parent to support your child's development of independence, a positive self concept and resilience?

One answer is to support your child to pack their belongings away each morning i.e. supervise your child to:

- place lunch box in the refrigerator
- place backpack in locker

It is easier and quicker initially to complete these tasks for your child, but this does not provide your child with opportunities to maximise the learning potential of these routine tasks. **Supervising your child to unpack and pack away belongings conveys to your child the expectation that your child can be independent** and that you believe in their abilities and support them to be independent. By assisting your child to complete routine tasks, like unpacking belongings and packing away belongings, you are supporting your child to meet the E.Y.L.F.— **Learning Outcome One and Two**: Children have a strong sense of identity, children develop their emerging autonomy, resilience and sense of agency, children develop confident self identities, children become strong in their social and emotional wellbeing identities. **When children go to Kindergarten the expectation is that children can care for their belongings.** Children will need to be able to do this to transition to Kindergarten.

GET ACTIVE each day

Being active helps us stay healthy. Find lots of ways to be active each day.

TIPS TO GET KIDS ACTIVE

- Babies need 30 minutes of tummy time each day. Encourage them to crawl.
- Toddlers can walk instead of using a stroller.
- Walk, ride a bike or scooter to school.
- Choose toys that help kids move.
- Limit screen time each day. Choose active play instead.
- Encourage kids to try a range of sports.
- Look for lots of ways to be active each day.
- Show your kids you like being active too.
- Outdoor play is best. Keep active indoors when it's hot or raining.

MAKE HEALTHY NORMAL This resource has been developed by Western Sydney Local Health District, published November 2018

Education week - Grandparents Visit - Monday the 26th—30th of July

'Celebrate Life long learners'

We invite grandparents, neighbours, friends and families to attend Flying Fox Preschool venues during Education Week. We welcome you to visit the preschool environment, participate in the activities provided, view children's beautiful portfolios illustrating their progress and work and join us for morning tea. Your grandchild will love seeing you at preschool and participating in or watching children complete preschool activities.

Term 2 ends— Friday 30th June
Term 3 starts— Tuesday 18th July

Illness at preschool — information from the Infectious Disease Policy

Educators will follow the Infectious Disease Policy and Procedure that supports a safe, hygienic and healthy environment for everyone. As outlined in the Infectious Disease Policy, Educators will facilitate the prevention of illness in children through effective management procedures at preschool. Educators will minimise the spread of potentially infectious diseases between children, by excluding children who may have an infectious disease or are too ill to attend the service.

Children might be brought to preschool with symptoms or signs of illness or while in care suddenly develop an illness that has not been diagnosed by a doctor, and that might be potentially infectious or potentially life-threatening for the child. Symptoms may not clearly fit those listed in exclusion diseases as outlined in the enrolment book, making it difficult for educators to decide whether to accept or exclude the child. **If educators suspect a child may have an infectious disease, they will isolate the child until the child is collected by an authorised collector. Children must not return to preschool for 24 hours after the child is collected from preschool i.e. they can't resume attendance at preschool the following day or until they receive a medical certificate stating the child is not contagious and is well enough to attend the preschool.**

Parents must advise educators on arrival, verbally or in writing, of any symptoms requiring administration of medication to their child in the past 48 hours, and the cause of the symptoms if known. This advice must be provided the first time the child attends after the medication has been administered.

Many illnesses, while not fitting exclusion criteria, can transmit disease to other children in care, and can make a child too ill to participate in normal activities. **All children who are unwell should not attend the Service and educators will ask parents of children who are unwell to collect the child from the preschool within one hour or to make alternative arrangements for their child's care.** Educators will inform all families of the presence of an infectious disease verbally and by placing a notice on the front gate. The child's name will not be revealed.

Fevers

Unwell children include those with fevers. Fevers refer to temperatures above 38°C, and are usually a sign of infection (eg virus). **When children develop a fever at the service, educators and staff will contact parents and ask them to collect the child** unless we have written advice from a medical practitioner that the fever is not caused by an infectious disease.

Medication

To follow preschool policy, **medication, including children's asthma treatment, must not be left in a child's bag.** Children occasionally remove personal items from their bag. If children are unsupervised and ingest medication, then it can be potentially dangerous for them. Parents/caregivers must see an educator to obtain and complete authorisation forms for prescription medication to be given to children at preschool. All medication at the preschool is located in locked cabinets or containers out of reach of children and only accessed by educators with First Aid, Anaphylaxis and Asthma training.

Excursion to Tinonee Community Gardens

Children at our Tinonee venue went on an excursion to the community gardens. Along the way we collected some items from nature such as flowers, sticks and leaves. We saw lots of bottle brush trees and discovered a paperbark tree. We practiced our road safety by stopping, looking, listening, thinking and walking as we crossed the road. We were able to see the Manning River up close, which we can see from our Tinonee venue. The community gardens were full of different herbs and flowers. We picked a few different herbs and were able to smell them. We saw some bees enjoying the flowers in the gardens and saw discussed the compost garden. On the way back we saw a street library at the Tinonee Public School so we investigated what books were in it. We found a cooking book which we thought might be interesting to look at and talk about what herbs we saw that were in the book. We had a great morning out!

