



Flying Fox Mobile Pre-School

May Newsletter 2023

Email: flyingfox@winghampreschool.com.au
Telephone: 0428 534884
Website: www.flyingfoxpreschool.com.au
Flying Fox Mobile Preschool

Importance of Fundamental Movement Skills (FMS)

FMS are the building blocks of movement. They include a set of gross motor skills that use different body parts such as feet, legs, trunk, hands, arms and head. These gross motor skills provide a foundational base for children's participation in physical activity now and throughout life. For further information - '**Good for Kids, Good for Life**' website— <https://www.goodforkids.nsw.gov.au>

Munch & Move— <https://healthykids.nsw.gov.au> best practice encourages children to participate in physical activities, and the one directly related to FMS is Here are two FMS in focus activities to try this week .

FMS in Focus – Running

Running is more than a skill for just getting from point A to point B; it is a feature of many sports and games that children play. There are lots of games and activities we use to give children the opportunity to run.

FMS in Focus – Galloping

Galloping is a fun FMS that some children may find difficult. We have played a game of Riders and Horses using paper streamers around the waist as reins and the children love the game 'Duck, duck, goose'.

Galloping



National Simultaneous Storytime

On Wednesday the 24th of May at 11.00am Flying Fox Mobile Preschool will join National Simultaneous Storytime (NSS) which is held annually by the Australian Library and Information Association (ALIA). Every year a picture book, written and illustrated by an Australian author and illustrator, is read simultaneously in libraries, schools, pre-schools, childcare centres, family homes, bookshops and many other places around the country. The story this year is '**The Speedy Sloth**', by Rebecca Young and Heath McKenzie' - It was finally time for the event of the year, Spike couldn't believe it—THE GREAT RACE was here! The other sloths said it couldn't be done, but Spike didn't care, she was ready to run. This inspiring story celebrates all winners ... especially those who don't come first.

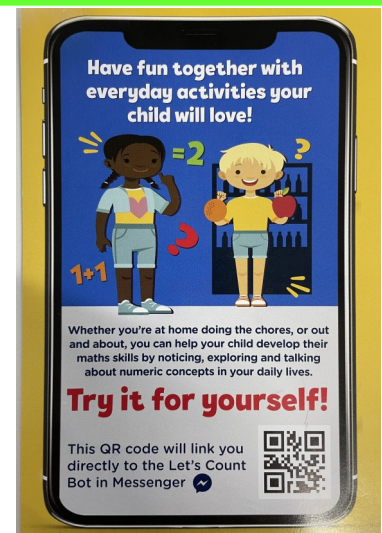
Now in it's 23rd successful year, it is a colourful, vibrant, fun event that aims to promote the value of reading and literacy, using an Australian children's book that explores age-appropriate themes, and addresses key learning areas of the EYLF. By facilitating NSS we aim to:

- promote the value of reading and literacy,
- promote the value and fun of books,
- promote an Australian writer and publisher,
- promote story time activities in libraries and communities around the country,
- provide opportunities to involve parents, grandparents, the media and others to participate in and enjoy the occasion.



Let's Count is an early mathematics program for children aged three to five, developed by The Smith Family and Professor Bob Perry from Charles Sturt University and Associate Professor Ann Gervasoni from Monash University. The program supports parents and early years educators to develop the math's skills of the children in their care by noticing, exploring, and talking about numbers, counting, measurement and patterns in their daily lives. **Let's Count supports** parents and early childhood educators to have the skills and confidence so they can develop the math's skills of the children in their care. The program emphasizes math's in the everyday, and helps children to see math's as relevant, stimulating and fun, which sets them up for future success.

Research shows children who start school behind in maths generally stay behind. Numeracy is a foundation skill for successful participation in our society – individuals need it for budgeting, taking medication and employment. The STEAM disciplines – science, technology, engineering, and mathematics - are key underpinnings for the future of innovative economies, with an increased global reliance on these knowledge areas.



Term 2 ends— Friday 30th June
Term 3 starts— Tuesday 18th July

Health and Safety

Wingham Preschool Ltd. take pride in providing a welcoming, clean, safe environment with many opportunities to learn about healthy habits and lifestyles.

From Good for Kids Facebook page

As the days become cooler, you may start spending more time indoors.

This could mean more opportunities for screen time, like watching TV. Setting boundaries for limiting screen time is important.

Suggested indoor activities include:

- Create an obstacle course using furniture
- Allow children to cook with you
- Use dance videos for active screen time....

More information—visit https://managing screentime _goodforkids.

Hand washing hygiene

Regular hand washing is an important practice of good hygiene and stops the spread of germs and bacteria. Please remind your child to wash their hands on arrival and educators will continue to supervise children washing their hands periodically throughout the daily routine.

This is a song used at Wingham Preschool to the tune of the alphabet song: Squirt the soap and rub it in, don't forget to count to ten, 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 is it.

Now the soap has done the trick, you wash it off so you don't get sick.

Now dry your wet hands, dry your wet hands, rub and rub and rub and rub and dry your wet hands.

Child Safety is embedded in Wingham Preschool and Flying Fox Mobile Preschool's leadership, governance and culture.

Wingham Preschool and Flying Fox Mobile Preschool Board of Directors and Educator team are committed to child safety and supports a child safe culture. These standards are recommended by the Royal Commission into Institutional Responses to Child Sexual Abuse and provides a framework so organisations can create cultures and adopt strategies to keep children safe from harm.

The principles behind the child safe standards include:

- The best interests of children and their protection from harm is important.
- Child abuse is not tolerated and must not happen.
- Children's rights are understood and respected.
- Concerns about child safety raised by children and their parents and carers are acted on.

All Educators and members on the Board of Directors have:

- Agreed to a 'Child Safe Code of Conduct' setting out standards that will keep children safe and they are aware of their reporting obligations.
- A current working with children check and have completed up to date training in child protection.
- Attended training to obtain the knowledge to update the services policy to include risk management strategies that focus on preventing, identifying and mitigating risks to children.

Please see a summary of the 'Child Safe Standards' on page 3.



Children and adult immunisation recommendations

The Australian Government provides information about which immunisations are recommended for both children and adults. See this information on:

<https://www.health.gov.au/health-topics/immunisation>

<https://www.health.gov.au/health-topics/immunisation/when-to-get-vaccinated/immunisation-for-infants-and-children>

Please give medication directly to educators so the appropriate written authorisations can be completed. Please do not leave medication in a child's bag, including asthma puffer/medication.

Thankyou to all the families who consistently provide a healthy lunch each day for their child.

Five foods that do not meet the preschools healthy eating policy include:

- Hot or cold potato chips
- Meat pies/sausage rolls
- Lollies, sugary sweets
- Chocolate
- Cakes with thick icing



This week at Flying Fox we learnt about road safety. We practiced looking, listening, thinking and walking. We discussed the importance of holding an adults hand when crossing the road and using a crossing or traffic lights when possible.



Music with Mrs Mander Is continuing throughout term 2. This program has taught children rhythm and beat through fun songs and using instruments. Mrs Mander has introduced some different instruments to children including a violin, saxophone and chello and encouraged children to identify various instruments by listening to musical pieces.



The Child Safe Standards



STANDARD 1:

Child safety is embedded in organisational leadership, governance and culture



STANDARD 3:

Families and communities are informed and involved



STANDARD 4:

Equity is upheld and diverse needs are taken into account

STANDARD 2:

Children participate in decisions affecting them and are taken seriously



STANDARD 6:

Processes to respond to complaints of child abuse are child focused

STANDARD 5:

People working with children are suitable and supported



STANDARD 7:

Staff are equipped with the knowledge, skills and awareness to keep children safe through continual education and training



STANDARD 8:

Physical and online environments minimise the opportunity for abuse to occur



STANDARD 9:

Implementation of the Child Safe Standards is continuously reviewed and improved



STANDARD 10:

Policies and procedures document how the organisation is child safe